

**J. Sargeant Reynolds Community College
Course Content Summary**

Course Prefix and Number: HMS 225

Credits: 3

Course Title: Functional Family Intervention

Course Description: Provides an understanding of functions and dysfunctions within the family. Emphasizes the development of effective skills through an interpersonal/interactional approach to family intervention. Lecture 3 hours per week.

General Course Purpose: This course can be used to satisfy the requirements of the Human Services AAS degree by the college. In addition to human services majors, this course offers students in other disciplines an opportunity to explore and study how healthy and unhealthy family units function and how family guidance in the human services can be used as a tool for interventions when a family system has broken down.

Course Prerequisites and Co-requisites:

None

Student Learning Outcomes:

Upon completing the course, the student will be able to

- a. Understand key concepts and have a working vocabulary of the terms used in family assessments;
- b. Describe family roles, systems, and subsystems;
- c. Discuss Family Systems Theory; and
- d. Cite issues of ethics and confidentiality as it relates to family practice.

Major Topics to Be Included:

- a. The Family System
- b. Understanding Families
- c. Family Assessment
- d. Family Assessment and Intervention

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