

**Sargeant Reynolds Community College
Course Content Summary**

Course Prefix and Number: HMS 227

Credits: 3

Course Title: The Helper as a Change Agent

Course Description: Teaches the following skills for implementing alternative models of change and influence: action research, problem solving, consultation, workshop development, and outreach and advocacy for diverse client populations. Lecture 3 hours per week.

General Course Purpose: This course can be used to satisfy the requirements of the Human Services AAS degree by the college. In addition to human service majors, this course offers students in other disciplines an opportunity to explore and study how human service professionals use their professional knowledge, skills, and professional ethics and values to facilitate change.

Course Prerequisites and Co-requisites:

None

Student Learning Outcomes:

Upon completing the course, the student will be able to

- a. Articulate what being a “change agent” means in human services practice;
- b. Describe the influence of professional knowledge, skills, and values has on development as a human services change agent;
- c. Discuss the terms empowerment, advocate, advocacy, and self-determination; and,
- d. Cite the history of human services and its role in facilitating change in on a micro, macro, and mezzo level in society.

Major Topics to Be Included:

- a. Individuals and the Change Process
- b. Macro systems and Change
- c. Empowering Systems to Change
- d. Becoming a Change Agent

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