

**J. Sargeant Reynolds Community College  
Course Content Summary**

**Course Prefix and Number:** PNE 143

**Credits:** 1

**Course Title:** Applied Nursing Skills

**Course Description:** Applies principles and procedures essential to the basic nursing care of patients. Involves campus and/or clinical lab hours in a geriatric setting. Prerequisites: Acceptance into the Practical Nursing Program, SDV 100 or SDV 101, ENG 111, PSY 230, BIO 141, and ITE 115. Co-Requisites: BIO 142, PNG 110, and PNG 115. Laboratory 3 hours. Contact 3 hours per week.

**General Course Purpose:** To provide the student with an opportunity to apply and validate basic nursing skills in the campus and clinical laboratory setting for the geriatric population.

**Course Prerequisites and Co-requisites:**

Prerequisites: Acceptance into the Practical Nursing Program, SDV 100 or SDV 101, ENG 111, PSY 230, BIO 141, and ITE 115.

Co-Requisites: BIO 142, PNG 110, and PNG 115

**Course Objectives**

Upon successful completion of the course, the student will be able to

- a. Demonstrate ability to perform selected nursing procedures and skills in providing nursing care to selected clients in a geriatric or acute care setting (SLO 1, 2, 4);
- b. Demonstrate basic knowledge and skills using appropriate equipment efficiently and effectively to provide nursing care (SLO 1, 2, 4, 5);
- c. Demonstrate ability to make appropriate clinical decisions and to document accurate and pertinent information using a variety of recording methods (SLO 1, 2, 3, 4, 5); and
- d. Establish, maintain and promote effective interpersonal relationships with members of the health care team (SLO 1, 2, 3, 4).

**Major Topics to Be Included:**

- a. Assessment techniques
  1. Vital signs
- b. Safety
  1. Fall precautions
  2. Restraints
- c. Infection
  1. Handwashing
  2. Personal protective equipment
- d. Functional Ability
  1. Personal hygiene
- e. Mobility
  1. Proper body mechanics
  2. Patient transfers
  3. Use of assistive mobility devices

**Date Created/Updated (Month, Date Year):** June 24, 2019