

Effective Date: Summer 2002

## COURSE OUTLINE

1. COURSE PREFIX and NUMBER: **HRI 206** CREDIT HOURS: 3
2. COURSE TITLE: **International Cuisine**
3. PREREQUISITES: HRI 159 or equivalent.
4. COURSE DESCRIPTION: Introduces the concepts of cultural differences and similarities and the preparation of the food specialties of the major geographical areas of the world. Focuses on emerging cuisines as they become popular. Lecture 2 hours. Laboratory 3 hours. Total 5 hours per week.
5. CONTENT:
  - a. This course consists of the study of international cuisine and preparation of component dishes. The student will study how various factors such a geographical location, climate, religion, economics, indigenous plants and animals, local seasonings, and external influences all combine to shape, and produce dishes reflective of a culture's cuisine.
6. GENERAL COURSE OBJECTIVES:

Upon successful completion of the course, the student will be able to:

- a. Select and use knives, hand tools, utensils, and equipment to portion, cut, slice, broil, roast, carve, skewer, gratiné, garnish, maintain temperature, grill, or otherwise produce meats, vegetables, and starches reflective of international cuisines.
- b. Gain an understanding and appreciation of the diversity of different cuisines.
- c. Gain an understanding of how various factors such a geographical location, climate, religion, economics, indigenous plants and animals, local seasonings, and external influences all combine to shape, and produce dishes reflective of a culture's cuisine
- d. Prepare dishes reflective of Latin American cuisine.
- e. Prepare dishes reflective of South American cuisine.
- f. Prepare dishes reflective of Northern Mediterranean cuisine.
- g. Prepare dishes reflective of North Africa and the Middle East
- h. Prepare dishes reflective of Northern European cuisine.
- i. Prepare dishes reflective of Eastern European cuisine.
- j. Prepare dishes reflective of Eastern Asian cuisines.
- k. Understand how various fusion cuisines are based on distinctive international cuisines.