

J. Sargeant Reynolds Community College
Course Content Summary

Course Prefix and Number: PNE 143 **Credits:** 1

Course Title: Applied Nursing Skills

Course Description:

Applies principles and procedures essential to the basic nursing care of patients. Involves campus and/or clinical lab hours in a geriatric setting. Prerequisites: Acceptance into the Practical Nursing Program, SDV 100 or SDV 101, ENG 111, PSY 230, BIO 141, and ITE 152. Co-Requisites: BIO 142, PNG 110, and PNG 115. Laboratory 3 hours. Contact 3 hours per week.

General Course Purpose:

To provide the student with an opportunity to apply and validate basic nursing skills in the campus and clinical laboratory setting for the geriatric population.

Course Prerequisites and Co-requisites:

Prerequisites: Acceptance into the Practical Nursing Program, SDV 100 or SDV 101, ENG 111, PSY 230, BIO 141, and ITE 152.

Co-Requisites: BIO 142, PNG 110, and PNG 115

Course Objectives

Upon successful completion of the course, the student will be able to

- Demonstrate ability to perform selected nursing procedures and skills in providing nursing care to selected clients in a geriatric or acute care setting (SLO 1, 2, 4);
- Demonstrate basic knowledge and skills using appropriate equipment efficiently and effectively to provide nursing care (SLO 1, 2, 4, 5);
- Demonstrate ability to make appropriate clinical decisions and to document accurate and pertinent information using a variety of recording methods (SLO 1, 2, 3, 4, 5); and
- Establish, maintain and promote effective interpersonal relationships with members of the health care team (SLO 1, 2, 3, 4).

Major Topics to Be Included:

- a. Assessment techniques
 1. Vital signs
- b. Safety
 1. Fall precautions
 2. Restraints
- c. Infection
 1. Handwashing
 2. Personal protective equipment
- d. Functional Ability
 1. Personal hygiene
- e. Mobility
 1. Proper body mechanics
 2. Patient transfers

3. Use of assistive mobility devices

Effective Date/Updated: June 24, 2019