

**J. Sargeant Reynolds Community College
Course Content Summary**

Course Prefix and Number: PNG 110

Credits: 2

Course Title: Patient-Centered Concepts

Course Description: Provides an overview of the general concepts to implement patient-centered care at the beginning level. Introduces concepts of communication, collaboration, health care law, ethics, nursing process, lifespan development, culture, safety, coping, stress, mobility, and lifelong learning with a specific focus on the role of the practical nurse.

Prerequisites: Acceptance into the Practical Nursing program. Completion of SDV 100 or 101, ENG 111, PSY 230, and BIO 141 with grades of C or above. Completion of all program-specific paperwork (e.g., background and drug screening, evidence of active American Heart Association BLS for Healthcare Professionals, Assumption of Risk form, health forms, proof of immunity, negative TB). **Co-requisites:** PNG 115 and BIO 142. Lecture 2 hours per week.

General Course Purpose: This course is for the beginning student in the Practical Nursing program. It introduces the student to the basic nursing care concepts.

Course Prerequisites and Co-requisites:

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Co-requisites: PNG 115 and BIO 142

Student Learning Outcomes:

Upon completing the course, the student will be able to

- a. Identify effective communication skills (SLO 4);
- b. Describe the scope of practice of the practical nurse (SLO 6);
- c. Explain the legal and ethical standards that guide the practice of the practical nurse (SLO 6);
- d. Describe the phases of the nursing process as a clinical decision-making tool (SLO 3);
- e. Analyze the concepts of development, culture, safety, coping, stress, and mobility (SLO 1 and 2); and
- f. Discuss lifelong learning as fundamental to quality nursing practice (SLO 6).

Major Topics to Be Included:

- a. Communication
 - Therapeutic communication
 - Listening skills
 - Interprofessional communication
 - Documentation

Exemplar: Interview skills, hand-off (reporting), SBAR, charting

Level: Introduce

- b. Collaboration
 - Roles of interprofessional team members
 - Practical nurse role within the team (long-term care, acute care, home care, etc.)
 - Impact of system resources on quality of careExemplar: Interprofessional team, system resources, quality improvement
Level: Introduce
- c. Health care law
 - Patient confidentiality
 - Practical nursing scope of practice
 - Practical nurse licenseExemplar: HIPAA, advanced directives, patient's rights
Level: Master
- d. Ethics
 - ANA Code of Ethics
 - Ethical dilemmasExemplar: Child abuse reporting, informed consent, do not resuscitate order (DNR), medical errors
Level: Master
- e. Clinical judgement
 - Five steps of nursing process
 - Practical nurse role in decision-makingExemplar: Nursing process, evidenced-based practice, health promotion
Level: Introduce
- f. Development
 - Physiologic development (newborn through aging)
 - Psychosocial development (normal versus developmental delays)
 - Cognitive development (newborn through aging)Exemplar: Lifespan changes, autism
Level: Introduce
- g. Culture
 - Cultural diversity regarding health beliefs and practices
 - Gender identity and roles (LGBT)Exemplar: Health care practices, non-judgmental behavior
Level: Introduce
- h. Safety
 - National Patient Safety Goals
 - Recognition of and action related to adverse events
 - Safe nursing practice/reporting errors
 - Evidence-based practiceExemplar: Reduction of potential risk, adverse events, culture of safety
Level: Introduce
- i. Infection
 - Principles of microbiology
 - Reduction of potential risk
 - Protecting self and othersExemplar: Hand hygiene, universal precautions
Level: Introduce

j. Coping

- Effective coping
- Maladaptive coping
- Grief and loss

Exemplar: Positive coping behaviors, violence, substance abuse

Level: Introduce

k. Stress

- Physiologic response to stress
- Psychosocial response to stress
- Behavioral response to stress

Exemplar: Reduction of potential risk, health promotion

Level: Introduce

l. Mobility

- Body mechanics
- Positioning and ambulation
- Passive and active range of motion

Exemplar: Safety, reduction of risk, assistive devices (cane, walker, wheelchair, etc.)

Level: Introduce

m. Lifelong learning

- Role of the practical nurse within the interprofessional team

Exemplar: Personal responsibility, professional accountability

Level: Introduce

Date Created/Updated (Month, Day, and Year): October 9, 2018