

**J. Sargeant Reynolds Community College
Course Content Summary**

Course Prefix and Number: SDV 100

Credits: 1

Course Title: College Success Skills

Course Description:

Assists students in transition to college. Provides overviews of college policies, procedures, and curricular offerings. Encourages contacts with other students and staff. Assists students toward college success through information regarding effective study habits, career and academic planning, and other college resources available to students. Strongly recommended for beginning students. Required for graduation. Lecture 1 hour per week.

General Course Purpose:

To assist first-year students in effectively transitioning into college.

Course Prerequisites and Co-requisites:

None

Student Learning Outcomes:

Upon completing the course, the student will be able to

- a. Identify Reynolds Community College resources (Library, Tutoring, Mental Health and Wellness, Academic Advising, Helpdesk, etc.) available on campus and online
- b. Select a Career of interest to explore
- c. Select a program at Reynolds Community College that will assist them in pursuing their selected career goal(s)
- d. Demonstrate the use of college transition areas: Study Skills, Test-taking, Time Management, Money Management, Goal Setting, Communication Skills, and Interpersonal Skills
- e. Demonstrate Computer Skills

Major Topics to Be Included:

- a. Career development
- b. Study skills and styles
- c. Policies and procedures of the institution
- d. Academic advising
- e. College resources
- f. Financial wellness
- g. Mental health and wellness
- h. Computer skills

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