

**J. Sargeant Reynolds Community College**  
**General Education Electives**

Following is a list of approved general education electives in the areas of humanities/fine arts, mathematics, personal wellness, science, and social/behavioral sciences. **To avoid transfer problems, students should carefully select courses to fulfill elective requirements with the assistance of their advisors and upon an investigation of the transfer requirements of the institution to which transfer is contemplated.**

**Humanities/Fine Arts**

*Humanities courses that do not require ENG 112 as a prerequisite:*

ART 100	Art Appreciation
ART 101, 102	History and Appreciation of Art I, II
ART 106	History of Modern Art
ASL 125	History of the Deaf Community
ASL 220	Comparative Linguistics
ASL 225	Literature of the US Deaf Community
MUS 121, 122	Music Appreciation I, II
MUS 195	World Music Styles
PHI 101	Introduction to Philosophy
PHI 220	Ethics
PHI 225	Selected Problems in Applied Ethics
REL 231, 232	Religions of the World I, II
REL 233	Introduction to Islam
REL 255	Problems and Issues in Religion
SPA 233, 234	Survey of Spanish Civilization and Literature I, II

*Humanities courses that require ENG 112 as a prerequisite:*

ENG 235*	Introduction to the Novel
ENG 241*, 242*	American Literature I, II
ENG 243*, 244*	British Literature I, II
ENG 251*, 252*	World Literature I, II
ENG 253*, 254*	African American Literature I, II
ENG 273*, 274*	Women in Literature I, II
ENG 295*	Topics in English: The Bible as Literature
ENG 295*	Topics in English: The Bible as Literature II
ENG 295*	Topics in English: Southern Literature
ENG 295*	Topics in English: The Novels of Jane Austen

\* These literature courses have been designated **writing-intensive** (offer enhanced instruction in writing) by the English faculty.

Additional Humanities/Fine Arts courses may be approved by the dean, School of Arts, Humanities, and Social Sciences.

## **Personal Wellness**

DIT 121	Nutrition I
EMS 111	Emergency Medical Technician Basic
EMS 112	Emergency Medical Technician I
EMS 151	Introduction to Advanced Life Support
HLT 100	First Aid and Cardiopulmonary Resuscitation
HLT 105	Cardiopulmonary Resuscitation
HLT 106	First Aid and Safety
HLT 110	Concepts of Personal and Community Health
HLT 116	Introduction to Personal Wellness Concepts
HLT 121	Introduction to Drug Use and Abuse
HLT 135	Child Health and Nutrition
HLT 200	Human Sexuality
HLT 215	Personal Stress and Stress Management
HLT 220	Concepts of Disease
HLT 230	Principles of Nutrition and Human Development
HLT 247	Health and Safety in Industry Settings
NUR 111	Nursing I
PED 103, 104	Aerobic Fitness I, II
PED 109	Yoga
PED 111, 112	Weight Training I, II
PED 123	Tennis I
PED 133, 134	Golf I, II
PED 137, 138	Martial Arts I, II
PED 144	Skin and Scuba Diving
PED 179	Wilderness Survival
PED 188	Freshwater Fishing
PED 189	Saltwater Fishing
PED 195	Fly Fishing
PED 195, 295	Topics in Physical Education
PED 198, 298	Seminar and Project in Physical Education

Additional Personal Wellness courses may be approved by the dean, School of Nursing and Allied Health.

## **Mathematics**

MTH 120 <sup>1</sup>	Introduction to Mathematics
MTH 151, 152 <sup>2</sup>	Math for Liberal Arts I, II
MTH 146 <sup>1</sup>	Introduction to Elementary Statistics
MTH 163	Precalculus I
MTH 166	Precalculus with Trigonometry
MTH 170	Foundations in Contemporary Mathematics
MTH 173, 174	Calculus with Analytic Geometry I-II
MTH 240	Statistics
MTH 270	Applied Calculus

<sup>1</sup> Typically does not transfer to a four-year college

<sup>2</sup> Must be approved by a faculty advisor.

Additional Mathematics courses may be approved by the dean, School of Mathematics and Science.

## **Science**

**The following are approved laboratory sciences for the Science AS Degree (all specializations):**

BIO 101, 102	General Biology I, II
BIO 107	Biology of the Environment
BIO 205	General Microbiology
BIO 206	Cell Biology
BIO 231, 232	Human Anatomy and Physiology I, II
CHM 111, 112	College Chemistry I, II
CHM 241/245, 242/246	Organic Chemistry I, II/Organic Chemistry Laboratory I, II
GOL 105	Physical Geology
GOL 106	Historical Geology
PHY 201, 202	General College Physics I, II
PHY 241, 242	University Physics I, II

**The following are approved laboratory sciences for non-Science AS majors:**

BIO 101, 102	General Biology I, II
BIO 106	Life Science
BIO 107	Biology of the Environment
BIO 231, 232	Human Anatomy and Physiology I, II
CHM 101, 102	General Chemistry I, II
CHM 111, 112	College Chemistry I, II
GOL 105	Physical Geology
GOL 106	Historical Geology
NAS 101	Natural Sciences I (Paraprofessional AAS only)
NAS 105	Natural Science Topics for Modern Society (Dental Laboratory Technology AAS only)
NAS 150	Human Biology (Practical Nursing Certificate, Health Care Technician CSC, Health Records Coding CSC, and Medical Transcription CSC only)
NAS 161, 162	Health Science I, II (Emergency Medical Services AAS, Emergency Medical Services EMT – Basic CSC, Fire Science AAS and Certificate, Nursing AAS and Respiratory Therapy AAS only)
PHY 201, 202	General College Physics I, II
PHY 241, 242	University Physics I, II

Additional science courses may be approved by the dean, School of Mathematics and Science.

## **Social/Behavioral Sciences**

ECO 120	Survey of Economics
ECO 201, 202	Principles of Economics I, II
GEO 200	Physical Geography
GEO 210	Introduction to Cultural Geography
GEO 220	World Regional Geography
HIS 101, 102	Western Civilization I, II
HIS 111, 112	History of World Civilization I, II
HIS 121, 122	United States History I, II
HIS 141, 142	African-American History I, II
HIS 155	Life in Colonial Virginia
HIS 203	History of African Civilization

HIS 263, 264	History of the South I, II
HIS 269	Civil War and Reconstruction
HIS 276	United States History Since World War II
HIS 281, 282	History of Virginia
PLS 130	Basics of American Politics
PLS 135	American National Politics
PLS 211, 212	United States Government I, II
PSY 120	Human Relations (generally not transferable)
PSY 165	Psychology of Human Sexuality
PSY 201, 202	Introduction to Psychology I, II
PSY 205	Personal Conflict and Crisis Management
PSY 215	Abnormal Psychology
PSY 235	Child Psychology
PSY 230	Developmental Psychology
SOC 200	Introduction to Sociology
SOC 210	Introduction to Physical and Cultural Anthropology
SOC 215	Sociology of the Family
SOC 268	Social Problems

Additional social/behavioral sciences courses may be approved by the dean, School of Arts, Humanities, and Social Sciences.