COURSE OUTLINE

1. COURSE PREFIX and NUMBER: **HMS 260**  
   CREDIT HOURS: 3

2. COURSE TITLE: **Substance Abuse Counseling**

3. PREREQUISITES: None

4. COURSE DESCRIPTION: Provides an understanding of the skills of guidance of clients and those associated with being an advocate. Examines the dynamics of the client/counselor relationship in developing treatment plans and empowerment skills. Lecture 3 hours per week.

5. CONTENT: (Major Headings)
   a. Introduction to Substance Abuse Counseling
   b. Drugs and Effects
   c. Assessment and Treatment Planning
   d. Empowering Consumers Through Group Work

6. GENERAL COURSE OBJECTIVES:
   
   Upon successful completion of the course, the student will be able to:
   a. Effectively counsel individuals, small groups, and families on the negative impact of substance abuse on the quality of human life.
   b. Develop and initiate a treatment plan for consumers to assist them in overcoming substance abuse.
   c. Develop groups and train the members in empowerment skills (communication, advocacy, and planning).