

**J. Sargeant Reynolds Community College
Course Content Summary**

Course Prefix and Number: HCT 102

Credits: 4

Course Title: Health Care Technician II (Nurse Aide II)

Course Description: Applies theory through laboratory experience for health care technicians to work in home health, and long- and short-term facilities. Prerequisites: Competency in MTE 1 or higher as demonstrated through the placement and diagnostic tests or by completing MTE 1; competencies in reading and writing as demonstrated by placement in ENG 111 or placement in co-requisites ENG 111 and EDE 11; ability to meet physical expectations of patient care; mandatory criminal background check and drug test; current (through the end of class) proof of negative TB; physical ability to lift and move clients, hear audible alarms and sounds, auscultate certain physical parameters, such as blood pressure and heart and lung sounds; and ability to interact effectively with clients/families and health care team members. Co-requisite: HCT 101. Lecture 1 hour. Laboratory 6 hours. Total 7 hours per week.

General Course Purpose: Prepares multi-skilled health care workers to care for patients of various ages with special emphasis on geriatric nursing, home health, long- and short-term care facilities. After successfully completing both HCT 101 and HCT 102 - nurse aide training courses, the student is eligible to take the nurse aide certification exam to become a certified nurse aide and work in various health settings.

Course Prerequisites and Co-requisites:

Prerequisites:

- a. Competency in MTE 1 or higher as demonstrated through the placement and diagnostic tests or by completing MTE 1;
- b. Competencies in reading and writing as demonstrated by placement in ENG 111 or placement in co-requisites ENG 111 and EDE 11;
- c. Ability to meet physical expectations of patient care;
- d. Candidates must pass mandatory criminal background check and drug test;
- e. Current (through the end of class) proof of negative TB; and
- f. Physical ability to
 1. Lift and move clients
 2. Hear audible alarms and sounds
 3. Auscultate certain physical parameters, such as blood pressure and heart and lung sounds
 4. Interact effectively with clients/families and health care team members.

Co-requisite: HCT 101

Student Learning Outcomes:

Upon completing the course, the student will be able to

- a. Demonstrate effective communication skills with peers, coworkers, patients, and their families;
- b. Demonstrate basic nursing skills in a patient care setting and lab, such as how to measure vital signs;
- c. Demonstrate personal care skills in a patient care setting and lab, such as assisting with bathing and grooming;

- d. Demonstrate understanding of basic principles of infection control as it relates to personal and patient care safety in a patient care setting and lab;
- e. Demonstrate the ability to work within the legal role of the nurse aide in a patient care setting;
- f. Demonstrate the ability to identify the clients' physical, psycho-social, and spiritual needs when providing care in a patient care setting;
- g. Demonstrate the ability to observe and report pertinent information about their patients' status in a patient care setting;
- h. Demonstrate safety and accountability in completing care to assigned patients in structured learning environments; and
- i. Assist patients in achieving and maintaining their highest level of function when providing care in structured learning environments.

Major Topics to Be Included with an Emphasis on Performing in the Patient Care Setting:

- a. Ethical/legal aspects of the nurse aide
- b. Safety practices
- c. Communication skills
- d. Psychosocial/spiritual care of the patient
- e. Physical care of the patient
- f. Rehabilitative/restorative care of the patient

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