

J. Sargeant Reynolds Community College
Course Content Summary

Course Prefix and Number: NSG 152

Credits: 3

Course Title: Health Care Participant

Course Description: Focuses on the health and wellness of diverse individuals, families, and the community throughout the lifespan. Covers concepts that focus on client attributes and preferences regarding healthcare. Emphasizes population-focused care. Provides supervised learning experiences in college nursing laboratories, clinical/community settings, and/or cooperating agencies, and/or simulated environments. Lecture 2 hours. Laboratory 3 hours. Total 5 hours per week.

General Course Purpose: The purpose of this course is to introduce the advanced beginner student to concepts relevant to community based nursing.

Course Objectives:

Prerequisites: BIO 142 or BIO 232; NSG 100, NSG 106, NSG 130 and NSG 200

Student Learning Outcomes:

Upon successful completion of this course, students will be able to:

- Assess diverse client/family values, beliefs, and attitudes as well as community resources in a variety of community settings.
- Provide culturally relevant care that minimizes risk of harm to clients in community settings.
- Demonstrate use of clinical judgment and evidence-based care related to the concepts of family dynamics, culture, spirituality, grief/loss, motivation/adherence, patient teaching, health care disparities and infection in supervised community care.
- Differentiate relevant cues in the care of diverse populations experiencing health problems with common and predictable outcomes in the community setting.
- Develop a plan for providing community-based care in a resource poor environment.
- Use epidemiological principles in the evaluation of diverse community settings.
- Implement a teaching plan for an individual or group in the community setting with supervision.
- Compare and contrast the uses of informatics and quality control for inpatient vs. community-based care.
- Demonstrate the principles of pharmacology in the community setting.

Major Topics to be Included

Concepts and Exemplars	Pharmacology
<i>Community-Based Practice</i> ● Overview of community nursing ● Role of the nurse in community setting ● Home health nursing ● Home safety ● Epidemiology Exemplar: Community assessment (windshield survey), community resources	
<i>Family Dynamics Concept</i> ● Overview of the family dynamic' ● Genogram ● Risk related to genetics ● Family structure and roles Exemplars: Changes to family dynamics (includes expanding the family, aging of family members), the effect of family relationships on health care	
<i>Culture Concept</i> ● Overview of culture ● Culture subconcepts ● Cultural competence ● Cultural self-awareness ● Diversity Exemplars: Sexual orientation, examples of cultural preferences in situations	
<i>Spirituality Concept</i> ● Overview of spirituality ● Effects on health ● Spiritual needs and assessment Exemplar: Spiritual distress	

Healthcare Disparities Concept ● Overview of health care disparities ● Characteristics of those at risk ● Healthcare access ● Quality of care ● Healthy people 2030 Exemplars: Homelessness, veterans, lower socioeconomic status	
Stress and Coping Concept ● Overview of stress and coping ● Physiological response to stress ● Risk/benefit of stress ● Healthy coping & stress Management Exemplar: Psychological and physiological response to stress, coping strategies, stress prevention strategies (across the lifespan)	
Grief and Loss Concept ● Types of loss (Pregnancy loss/fetal demise, loss of a child, loss of a parent, loss of a partner) ● Stages of grief ● Effect on the family and significant others Exemplars: Response to loss across the lifespan, end of life care, post-mortem care	
Infection Concept ● Community based infections ● Epidemiology ● Diagnostics related to infection ● Pharmacological interventions: antimicrobials (antibiotics and antifungals) Exemplars: pneumonia, otitis media (across the lifespan), meningitis (across the lifespan), Respiratory Syncytial Virus (RSV)(across the lifespan), Tuberculosis	Gentamicin Cephalosporins Azithromycin Clarithromycin Ciprofloxacin Doxycycline Fluconazole Anti-tubercular drugs Isoniazid Rifampin Pyrazinamide Ethambutol Streptomycin

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