

**J. Sargeant Reynolds Community College
General Education Electives**

Following is a list of approved general education electives in the areas of humanities/fine arts, mathematics, personal wellness, science, and social/behavioral sciences. Prior to enrolling in the courses on this list, students should check the course descriptions to ensure that they meet any pre- or co-requisites. **To avoid transfer problems, students should carefully select courses to fulfill elective requirements with the assistance of their advisors and upon an investigation of the transfer requirements of the institution to which transfer is contemplated.**

Humanities/Fine Arts

ART 100	Art Appreciation
ART 101, 102	History and Appreciation of Art I, II
ART 106	History of Modern Art
ASL 125	History of the Deaf Community
ASL 220	Comparative Linguistics
ASL 225	Literature of the US Deaf Community
CST 151	Film Appreciation I
HUM 100	Survey of the Humanities
MUS 121	Music Appreciation I
MUS 195	World Music Styles
PHI 101	Introduction to Philosophy
PHI 111	Logic I
PHI 220	Ethics
PHI 225	Selected Problems in Applied Ethics
REL 231, 232	Religions of the World I, II
REL 233	Introduction to Islam
REL 240	Religions in America
REL 255	Selected Problems and Issues in Religion
SPA 233	Survey of Spanish Civilization and Literature I

Humanities courses that require ENG 112 as a prerequisite:

ENG 241 ^{1,2}	American Literature I
ENG 242 ^{1,2}	American Literature II
ENG 243 ^{1,2}	British Literature I
ENG 244 ^{1,2}	British Literature II
ENG 251 ^{1,2}	World Literature I
ENG 252 ^{1,2}	World Literature II
ENG 253 ^{1,2}	African American Literature I
ENG 254 ^{1,2}	African American Literature II
ENG 273 ^{1,2}	Women in Literature I
ENG 274 ^{1,2}	Women in Literature II

¹ These courses have been designated **writing-intensive** (offer enhanced instruction in writing) by the English faculty.

² Students needing to take two literature courses are not required to take both Part I and Part II of the same literature course.

Additional Humanities/Fine Arts courses may be approved by the dean, School of Humanities and Social Sciences.

Personal Wellness

DIT 121	Nutrition I
EMS 111	Emergency Medical Technician Basic
EMS 112	Emergency Medical Technician I
EMS 151	Introduction to Advanced Life Support
HLT 100	First Aid and Cardiopulmonary Resuscitation
HLT 105	Cardiopulmonary Resuscitation
HLT 106	First Aid and Safety
HLT 116	Introduction to Personal Wellness Concepts
HLT 121	Introduction to Drug Use and Abuse
HLT 215	Personal Stress and Stress Management
HLT 230	Principles of Nutrition and Human Development
PED 100	Pilates
PED 103	Aerobic Fitness I
PED 109	Yoga
PED 111, 112	Weight Training I, II
PED 123	Tennis I
PED 137, 138	Martial Arts I, II
PED 141	Swimming I
PED 144	Skin and Scuba Diving
PED 150	Soccer I
PED 152	Basketball
PED 189	Saltwater Fishing
PED 195	Fly Fishing

Additional Personal Wellness courses may be approved by the dean, School of Nursing and Allied Health.

Mathematics

MTH 120 ¹	Introduction to Mathematics
MTH 151 ^{1,2,3}	Math for Liberal Arts I
MTH 152 ^{1,2,3}	Math for Liberal Arts II
MTH 146 ¹	Introduction to Elementary Statistics
MTH 163 ⁴	Precalculus I
MTH 166 ⁴	Precalculus with Trigonometry
MTH 170	Foundations in Contemporary Mathematics
MTH 173, 174	Calculus with Analytic Geometry I-II
MTH 240	Statistics
MTH 270	Applied Calculus

¹ This course typically does not transfer to a four-year college.

² Enrollment in this course must be approved by a faculty advisor.

³ This course does not count for any of the college's AA or AS (transfer) degrees.

⁴ Students will not receive credit for both MTH 163 and MTH 166

Additional Mathematics courses may be approved by the dean, School of Mathematics and Science.

Science

BIO 101 ¹	General Biology I
BIO 102	General Biology II
BIO 107	Biology of the Environment
BIO 205	General Microbiology
BIO 206	Cell Biology
BIO 231, 232	Human Anatomy and Physiology I, II
BIO 270	General Ecology
CHM 111, 112	College Chemistry I, II
CHM 241/245	Organic Chemistry I and Lab
CHM 242/246	Organic Chemistry II and Lab
GOL 105	Physical Geology
GOL 106	Historical Geology
PHY 201, 202	General College Physics I, II
PHY 241, 242	University Physics I, II

The following are additional laboratory science courses that may be taken by non-Science majors only:

BIO 106 ¹	Life Science
CHM 101, 102	General Chemistry I, II
NAS 101 ²	Natural Sciences I (Paraprofessional AAS only)
NAS 105 ²	Natural Science Topics for Modern Society (Dental Laboratory Technology AAS only)
NAS 150 ²	Human Biology (Practical Nursing Certificate, Health Care Technician CSC, and Health Records Coding CSC only)
NAS 161 ² , 162 ²	Health Science I, II (Emergency Medical Services AAS, Emergency Medical Services EMT – Basic CSC, Fire Science AAS and Certificate, Nursing AAS, and Respiratory Therapy AAS only)

Additional science courses may be approved by the dean, School of Mathematics and Science.

Social/Behavioral Sciences

ECO 120 ²	Survey of Economics
ECO 201, 202	Principles of Economics I, II
GEO 200	Physical Geography
GEO 210	Introduction to Cultural Geography
GEO 220	World Regional Geography
HIS 101, 102	Western Civilization I, II
HIS 111, 112	History of World Civilization I, II
HIS 121, 122	United States History I, II
HIS 141, 142	African-American History I, II
HIS 203	History of African Civilization
HIS 269	Civil War and Reconstruction
HIS 276	United States History Since World War II
PLS 135	American National Politics
PLS 211, 212	United States Government I, II

¹ Students will not receive credit for both BIO 101 and BIO 106.

² This course typically does not transfer to a four-year college.

PSY 165	Psychology of Human Sexuality
PSY 201, 202	Introduction to Psychology I, II
PSY 205	Personal Conflict and Crisis Management
PSY 215	Abnormal Psychology
PSY 235	Child Psychology
PSY 230	Developmental Psychology
SOC 200	Introduction to Sociology
SOC 210	Survey of Physical and Cultural Anthropology
SOC 215	Sociology of the Family
SOC 268	Social Problems

Additional social/behavioral sciences courses may be approved by the dean, School of Humanities and Social Sciences.