Course Prefix and Number: HLT 200  
Credits: 3

Course Title: Human Sexuality

Course Description: Provides a basic understanding of human sexuality. Includes anatomy, physiology, pregnancy, family planning, venereal diseases, and sexual variations. Lecture 3 hours per week.

General Course Purpose: This course is designed to acquaint the student with the general recommendations for proper sexual health as it relates to the individual’s physiology and stratification for risk of disease.

Course Prerequisites and Co-requisites: None

Student Learning Outcomes:
Upon completing the course, the student will be able to
a. Explain why sex education is necessary;
b. Understand the function of the reproductive system as it relates to male and female development;
c. Describe the nature of menstruation, fertilization, and birth;
d. Identify levels of love;
e. Determine the significance of values on human sexual behavior;
f. Practice various communication techniques which would enhance a relationship; and
g. Ascertained the cause and effect of violence and inappropriate sexual behavior on an individual and society.

Major Topics to Be Included:
a. Why Sex Education
b. Study of Male and Female Reproductive System
c. Conception to Birth/Delivery
d. Intimacy and Love
e. Values and Sexual Behavior
f. Communication and Sexuality
g. Birth Control/Abortion
h. Sexual Diseases
i. Sexual Attitudes and Behavior
j. Sexual Variance
k. Power and Violence in Sexual Behavior
l. Marriage and Divorce

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