Course Prefix and Number: NUR 111  
Credits: 8

Course Title: Nursing I

Course Description: Introduces nursing principles, including concepts of health and wellness and the nursing process. Develops nursing skills to meet the biopsychosocial needs of individuals across the lifespan. Includes math computational skills, basic computer instruction related to the delivery of nursing care, communication skills, introduction to nursing, health, the health care system, legal aspects of nursing care, diagnostic testing, assessment, teaching and learning, asepsis, body mechanics and safety, personal care, activity/rest, wound care, nutrition, elimination, oxygenation, fluid and electrolytes, pain control, medication administration, aging populations and pre- and post-operative care. Provides students an opportunity to practice self-evaluation as a part of role development and recognition of the need for lifelong learning. Provides supervised learning experiences. Prerequisites: Acceptance into the Nursing AAS degree; Health Care Provider CPR certification; submission of completed health forms meeting stated standards; verification of completed criminal background check and drug screen. Prerequisites or Co-requisites: SDV 100, BIO 141, and MTH 126. Lecture 5 hours. Laboratory 9 hours. Total 14 hours per week.

General Course Purpose: The focus of Nursing 111, Nursing I (Fundamentals), is two-fold: 1) the development of nursing skills, values, and behaviors in the beginning nursing student, and 2) the care of hospitalized adults who need assistance in meeting common human needs or in maintaining or promoting health. Through self-learning activities, classroom experiences, and supervised clinical experiences, the student is provided with an opportunity to gain knowledge and skills that will enable him/her to give safe, therapeutic nursing care that meets the common human needs of hospitalized adults, thus promoting or maintaining their health.

Course Prerequisites and Co-requisites:
Prerequisites: Acceptance into the Nursing AAS degree program; Health Care Provider CPR certification; submission of completed health forms meeting stated standards; verification of completed criminal background check and drug screen.
Prerequisites or Co-requisites: SDV 100, BIO 141, and MTH 126.

Course Objectives:
Upon completion of NUR 111, the student will be able to:
a. Use the nursing process and critical thinking to meet basic needs of hospitalized adults related to mobility, comfort, nutrition, elimination, skin integrity, circulation, oxygenation, and self-concept.
b. Incorporate knowledge of ANA standards of care, QSEN concepts, developmental tasks, and cultural practices into nursing care.
c. Incorporate systematic assessment techniques into the development of nursing care for stable hospitalized adults.
d. Implement basic therapeutic communication techniques that facilitate the promotion, maintenance, or restoration of the patient's health.
e. Prioritize nursing care for stable hospitalized adult patients using Maslow's hierarchy of needs.
f. Use basic principles of teaching and learning to facilitate promotion, maintenance, or restoration of the patient's health.
g. Cooperate with members of the interdisciplinary team to improve patient outcomes.
h. Demonstrate responsibility and accountability in providing safe, legal, and ethical nursing care.
i. Seek additional learning opportunities to enhance personal and professional development.

**Major Topics to Be Included:**
The following concepts and topics related to man, health, and nursing are introduced:

a. Holism
b. Common human needs related to mobility, comfort, nutrition, skin integrity, circulation, oxygenation, fluid and electrolyte, and acid-base balance
c. Human development and behavior
d. Wellness
e. Illness
f. Homeostasis
g. Nursing process
h. Patient teaching
i. Nursing role and function
j. Nursing leadership, responsibility, and accountability
k. Professional values, interpersonal skills, and the therapeutic nurse-patient relationship
l. Cognitive and psychomotor skills
m. Student’s evaluation of his/her own behavior

**Effective Date of Course Content Summary:**  Summer, 2014